

# Oregon Pathways for Adult Basic Skills Transition To Education and Work Initiative (OPABS)

## Introduction to Advising Workshops

This is a series of three workshops designed to help students transition from adult basic skills programs to credit or professional/technical programs. The first workshop is The Application Process. The second is The Placement Test and the third is Financial Aid. Below are the objectives for each workshop. These workshops can be taken in a series or individually. The materials are informative, relevant, and interactive. Students will come away understanding each of these steps and prepared to begin the process of entering college.

### Workshop One: The Application Process

- Learn how to prepare a college application form
- Understand timelines for the application process

### Workshop Two: The Placement Test

- Learn about the different types of placement tests and what topics they cover
- Practice sample test questions to understand the different types of questions
- Learn how to cope with test anxiety
- Learn strategies for test taking
- Understand timelines and other important information about placement tests

### Workshop Three: Financial Aid

- Learn about the different types of financial aid available
- Learn how to determine financial aid eligibility
- Learn how to apply for financial aid
- Learn how to fill out a FAFSA form
- Learn how to get help with financial aid questions
- Understand timelines and other important information about financial aid

## OPABS Advising Workshops: List of Materials

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**Course Name:** Workshops 1-3

**School:** Portland Community College  
**Date Completed:** August 8, 2008

Title	Date Published	Publisher	Web Address for Publication	Workshop Number
The ASSET	Retrieved 5/08	Chemeketa Community College	<a href="http://www.chemeketa.edu/services/counseling/testing/asset.html">http://www.chemeketa.edu/services/counseling/testing/asset.html</a>	2
The ACCUPLACER	Retrieved 5/08	College Board	<a href="http://www.collegeboard.com/student/testing/accuplacer/index.html">http://www.collegeboard.com/student/testing/accuplacer/index.html</a>	2
The ACCUPLACER	Retrieved 5/08	Mt. Hood Community College	<a href="http://www.mhcc.edu/pages/1152.asp">http://www.mhcc.edu/pages/1152.asp</a>	2
The ACCUPLACER	Retrieved 5/08	College Board	<a href="http://www.collegeboard.com/student/testing/accuplacer/index.html">http://www.collegeboard.com/student/testing/accuplacer/index.html</a>	2
The COMPASS	Retrieved 5/08	Portland Community College	<a href="http://www.pcc.edu/resources/testing/workshop/compass.html">http://www.pcc.edu/resources/testing/workshop/compass.html</a>	2
The COMPASS	Retrieved 5/08	Clackamas Community College	<a href="http://depts.clackamas.edu/testing/COMPASSPlacementTesting.asp">http://depts.clackamas.edu/testing/COMPASSPlacementTesting.asp</a>	2
The COMPASS	Retrieved 5/08	ACT	<a href="http://www.act.org/compass/sample/index.html">http://www.act.org/compass/sample/index.html</a>	2
ASSET questions	Retrieved 5/08	ACT	<a href="http://www.act.org/asset/tests/index.html">http://www.act.org/asset/tests/index.html</a>	2
ACCUPLACER questions	Retrieved 5/08	College Board	<a href="http://www.collegeboard.com/student/testing/accuplacer/">http://www.collegeboard.com/student/testing/accuplacer/</a>	2
COMPASS questions	Retrieved 5/08	ACT	<a href="http://www.act.org/compass/student/index.html">http://www.act.org/compass/student/index.html</a>	2
Test anxiety quiz	Retrieved 5/08	How to Study	<a href="http://www.how-to-study.com/testanxiety.htm">http://www.how-to-study.com/testanxiety.htm</a>	2

Title	Date Published	Publisher	Web Address for Publication	Workshop Number
ASSET test tips	Retrieved 5/08	Kankakee Community College	<a href="http://www.kcc.cc.il.us/asc/bmyers/testtips.htm">http://www.kcc.cc.il.us/asc/bmyers/testtips.htm</a>	2
ACCUPLACER test tips	Retrieved 5/08	College Board	<a href="http://www.collegeboard.com/student/testing/accuplacer/accuplacer-tips.html">http://www.collegeboard.com/student/testing/accuplacer/accuplacer-tips.html</a>	2
ACCUPLACER test tips	Retrieved 5/08	Mt. Hood Community College	<a href="http://www.mhcc.edu/pages/1152.asp">http://www.mhcc.edu/pages/1152.asp</a>	2
COMPASS test tips	Retrieved 5/08	Portland Community College	<a href="http://www.pcc.edu/resources/testing/workshop/strategies.html">http://www.pcc.edu/resources/testing/workshop/strategies.html</a>	2
COMPASS test tips	Retrieved 5/08	ACT	<a href="http://www.act.org/compass/student/tips.html">http://www.act.org/compass/student/tips.html</a>	2
COMPASS test tips	Retrieved 5/08	Portland Community College	<a href="http://www.pcc.edu/resources/testing/workshop/tips.html">http://www.pcc.edu/resources/testing/workshop/tips.html</a>	2
Financial Aid statistics	Retrieved 6/08	College Board	<a href="http://www.collegeboard.com/student/pay/add-it-up/4494.html">http://www.collegeboard.com/student/pay/add-it-up/4494.html</a>	3
FAFSA checklist	Retrieved 6/08	FAFSA site	<a href="http://www.fafsa.ed.gov/before003.htm">http://www.fafsa.ed.gov/before003.htm</a>	3
Financial Aid Planner	Retrieved 6/08	Portland Community College	<a href="http://www.pcc.edu/resources/tuition-fees/financial-aid/">http://www.pcc.edu/resources/tuition-fees/financial-aid/</a>	3
Funding Education Beyond High School	2007	US Department of Education	<a href="http://www.federalstudentaid.ed.gov">www.federalstudentaid.ed.gov</a>	3