



Tillamook County Resources

ADDICTIONS:

Call for listings of times and locations throughout Tillamook County

Alcoholics Anonymous-AA- Tel 503-842-8958

Narcotics Anonymous- Tel 503-642-9000

Gamblers Anonymous- Tel 503-842-8201

Celebrate Recovery-Tillamook Nazarene Church- 503-842-2549

FAMILY:

Caring Options: 503-842-3287 or
1-800-404-3511, ext 277

DA Support Enforcement officer, 503-842-3411

Dept. of Human Services: 4670 E. Third St.

Tillamook- 503-842-5571 and 503-842-4453

Headstart: Tillamook- 503-842-5180,

NKN- 503-368-5103, Beaver- 503-398-5175

Healthy Start, 2211 11th St. Tillamook,
503-842-2773

Juvenile Services: 201 Laurel Ave. Tillamook,
503-842-3417

Women's Resource Center: 503-842-9486
800-992-1679

MEDICAL:

Cloverdale Clinic, 34335 Hwy 101,
Main floor, 503-392-4200

Rinehart Clinic, 230 Rowe St., Wheeler,
800-368-5182

Rockaway Beach Clinic, City Hall, First Floor,
276 S. Hwy 101, 503-355-2700

Tillamook County Health Dept. 3600 Pacific Ave
Tillamook, OR, 503-842-3900

MENTAL HEALTH/COUNSELING/

ALCOHOL AND DRUG COUNSELING:

Tillamook Family Counseling Center-
906 Main St.- 503-842-8201

FOOD:

God's Lighthouse,

103 8th St. Garibaldi- 503-322-3501

Nestucca Pass It On Ministries,

24425 Bunn Creek Rd. Beaver- 503-398-2803

Regional Food Bank of Tillamook County,

2105 4th St. Tillamook- 503-842-3154.

Salvation Army,

2105 4th St. Tillamook- 503-842-4035

Seventh Day Adventist Center-

2610 1st St. Tillamook- 503-842-5815

SNAP (Supplemental Nutrition Assistance

Program) (Formerly know as Food Stamps):

4670 E. 3rd. St. Tillamook- 503-842-4453 Ext.
222.

Tillamook Christian Center Pantry,

701 Marolf Loop- 503-842-6555

Tillamook Food Bank,

3808 12th St- 503-815-3880

United Methodist Church

3808 12th St- 503-842-2224

MEALS:

Senior Lunch Meal Sites:

Kiwanda Senior Center, 35490 Brooten Rd.

Pacific City, 503-965-7666

St. Mary's By the Sea, 34560 Parkway Dr.

Rockaway, 503-355-2345

Senior Citizen Center, 316 Stillwell Ave

Tillamook, 503-842-9660

United Methodist Church,

10th & A.St Nehalem, 503-368-5612

Supplemental Meal Sites:

First Christian Church, 2203 4th

Tillamook, 503-842-6213 Tues. & Wed. 4-6PM

St. Albans Monday Night Meal, 2102 6th St.

Tillamook, 503-842-6192 Mon. 4-6PM

Tillamook Jr. Hi School Sack Dinner,

2105 Fourth St. Tillamook 503-842-7531

Grub Club- summer lunch program for kids,

503-842-1812 or 503-842-3154

North County Food Bank, 278 Rowe St, Wheeler

503-368-7724 Tues. 1-3PM

TEEN SERVICES:

Boys & Girls Aid Society of Oregon. 800-342-6688
 Teen Parent and Child Program.

To qualify, you must be 14-21. 503-842-3244
 Tillamook Family Counseling Services, Family and
 Youth Service Team, 906 Main St.- 503-842-8201

SENIORS:

Mid-Willamette Valley Senior Services Agcy.

4670 E. 3rd St. Tillamook- 503-842-9700

Seniors and People with Disabilities.

4670 3rd St. Tillamook- 503-842-2770

VETERANS:

County Veterans Services Officer- 503-842-4358

EMERGENCY:

American Red Cross-503-284-1234

CARE. Provides a variety of emergency services,
 including utility bill help.

2211 11th St. Tillamook. 503-842-5261

Dept. of Human Services/Child Welfare.

4670 E.3rd St. Tillamook. 503-842-5571

NARA (Native American Rehabilitation Assn.

Portland) 1-503-621-1069

St. Vincent de Paul Hotline. Provides emergency
 services. 503-842-5586

Suicide Hotline-1-800-273-8255

Tillamook Ecumenical Council.

St. Alban's Church, 2102 6th St.

503-842-6912

Tillamook Family Counseling Services,

906 Main Ave, Tillamook. 503-842-8201

Women's Resource Center, 503-842-9486

TRANSPORTATION:TRANSPORTATION:

Dial-A-Ride, 503-815-8283, (each way costs \$1)

Medical Transport for OHP members: NW Ride

Center- 866-811-1001

The Wave. 3600 3rd St. Tillamook, 503-815-8283

CLOTHING:

Kit and Kaboodle Thrift Store 1911 First St.

Tillamook- 503-842-8875

Nestucca Pass It On Ministries, 24425 Bunn Cr. Rd.

Beaver, Tues. 10AM-1PM, & Fr. 4PM-6PM

503 -398-2803

North County Food Bank, 278 Rowe St.

Wheeler, Tues. 1PM-3PM. 503-368-7724

Seventh Day Adventist Church, 2610 First St.

Tillamook, Tues. & Thurs. 10AM-2PM.

503-842-7182

Teen Challenge Thrift Store 416 Main St.

Tillamook- 503-842-4856

Vouchers for thrift stores, CARE, Inc.

2211 11th St. Tillamook- 503-842-5261

Wild Flower Thrift Store 114 Main St. Tillamook,

503-842-2996

HOUSING:

CARE Emergency and Homeless Services,

help with a variety of needs including Home

Tenant Based Assistance @ 2211 11th St.

Tillamook- 503-842-5261

Low Income Energy Assistance Program-

866-722-4951 or 503-842-5261.

NOHA (subsidized housing), 1-888-887-4990 or

503-861-0119

FREE FURNITURE AND APPLIANCES:

Salvation Army, Steve Forester

2105 4th St. Tillamook- 503-842-4035

For updated lists please contact Erin Skaar at eskaar@careinc.org

TILLAMOOK COUNTY POVERTY TASK FORCE:

The Poverty Task Force is a concerned group working together to raise awareness of, and create solutions for, the issues of poverty in Tillamook County.